

**St. Paul's College**  
**Physical Education Department**  
**Weekly Bulletin (Sep. 15 to 20)**

	15/9 (Mon.)	16/9 (Tue.)	17/9 (Wed.)	18/9 (Thu)	19/9 (Fri)	20/9 (Sat.)
<b>Lunch Time</b>	- Swimming Team Practice -Smith Cup (F.3C vs F.3B) -Stanton Cup (F.5B vs F.6C)	-Smith Cup (F.4E vs F.5B) -Stanton Cup (F.6F vs F.4C)	- Swimming Team Practice -Smith Cup (F.4A vs F.3F) -Stanton Cup (F.5A vs F.3E)	-Smith Cup (F.4C vs F.4B) -Stanton Cup (F.4D vs F.5C)	- Swimming Team Practice -Smith Cup (F.4F vs F.5D) -Stanton Cup (F.5E vs F.6B)	- Archery Team Practice (9:00 to 11:00) - Basketball Team Practice (C grade, 12:30 to 14:30)
<b>After school</b>	- Fencing Team Practice - Swimming Team Practice - C grade Football Team Selection	-Badminton Team Practice - Archery Team Practice -Athletics Team Practice	- Basketball Team Practice (A & B grade) -Table-tennis Team Practice - Handball Team Practice - Swimming Team Practice	-Basketball Team Practice (C grade) -Badminton Team Practice -Hockey Team Practice - Fencing Training Class	-Swimming Team Practice - Football Team Practice (C grade) -Table-tennis Team Practice	- Basketball Team Practice (A & B grade, 14:30 to 16:30)
<b>Others</b>		- Basketball Team Practice (C grade 7:30 am)				