



ST. PAUL'S COLLEGE

Annual Swimming Gala 2013-2014

Heats Day

Date : Friday, 6th September, 2013
Time : 8:20 a.m. - 12:30 p.m.
Venue : Sun Yat Sen Memorial Park Swimming Pool
Guest of Honour : Mr FU Yun Kwong, Raymond
Former Head of Music Department

OFFICIALS

Chairman	:	Dr. J.R. Kennard		
Vice Chairmen	:	Mr. H.W. Wong	Mr. C.H. Mak	
Organizing Secretaries	:	Mrs. Y.H. Chung	Mr. D.Y. Yuen	
		Mr. W.L. Tang	Mr. W.K. Wong	Mr. W.W. Mak
Prayer	:	Rev'd. Murphy		
Referees	:	Mr. W.H. WONG	Mr. W.K. Wong	Mr. W.W. Mak
Starters	:	Mr. H.C. Wu	Mr. C.H. Lau	Mr. T.H. Yeung
		Mr. M.K. Lee	Miss P.S. Kwok	Mr. H.S. Keung
		<i>Student Officials</i>		
Competitors' Marshals	:	Mr. K.C. Au Yeung	Mr. P.C. Chan	Mr. K.W. Lee
		Mr. C.C. Chan	Mr. Y.L. Chow	Mr. H.W. Tsang
		Mr. P. Lam	Mr. M.F. Kwok	Mr. W.H. Wong
		<i>Student Officials</i>		
Competitors' Stewards	:	Mr. H.C. Ho	Mr. C.L. Wong	Mr. H.Y. Wong
		Mr. S.Y. Leung	Mr. T.F. Ng	Miss H.Y. Chan
		<i>Student Officials</i>		
Announcers	:	Mr. K.C. Chan	Mrs. W.P. Lam	Miss L.K. Chan
		Mr. W.F. Ryan	Miss C.S. Kou	Miss L.Y. Wong
		Miss K.Y. Chan	Miss M. Chan	Miss M.Y. Hui
		Mr. C.P. Spencer	Mr. P. Crozier	Miss S. Mazhar
Chief Timekeepers	:	Mr. W.L. Tang	<i>College Timing Team</i>	
Chief Position Judges	:	Miss W.C. Fung	Mrs. M.K. See	Miss L.W. Wu
		Miss W. Yiu	Miss K.Y. Kwong	Mrs. P.M. Ng
		Miss L.M. Wong	Miss S.K. Lam	Miss C.C. Hong
		Miss S.S. Lai	Miss K.Y. Wong	
Position Judges	:	<i>Student Officials</i>		
Co-ordinators	:	Miss M.S. Lee	Miss S.C. Cheng	Miss K.C. Ho
		Mrs. S. Hsu	Miss W.Y. Chau	
Stroke Judges	:	Mr. W.L. Tang	Mr. K.W. Ng	Mr. S.N. Tse
Turning and Relay	:	Mr. W.W. Mak	Miss W.S. Wong	Miss N.K. Wong
Takeover Judges	:	Miss K.Y. Ng	Miss L.T. Ng	Miss S. Leung
		Mrs. Y.L. Kwok	Mrs. J. Wai	Miss Y.C. Lai
		Miss. F.B. Leung		
		<i>Student Officials</i>		
Chief Recorders	:	Mr. K.H. Yuen	Miss K.T. Chan	
Recorders	:	<i>Student Officials</i>		
Computer Advisors	:	Mrs. Y.O. Zai		
Prizes	:	Miss Y.S. Chan	Miss L.L. Chan	Miss N.Y. Tin
Prize-winners Marshalls	:	Miss S.Y. Ngan	Miss S.M. Yu	Mr. W.H. Poon
		<i>College Prefects</i>		
Discipline	:	Mr. Y.H. Li	Miss S.C. Yu	Mr. K.H. Ngan
		Miss M.Y. Shek	Miss L.N. Chan	Miss P.S. Chan
		Mr. T.O. Chu	Mr. K.S. Kwok	Mr. K.C. Wu
		Mr. T. Ho	Mr. H.L. Yeung	Miss H.L. Chan
		Miss W.S. Leung	<i>College Prefects</i>	
Photography	:	Miss W.Y. Yuen	<i>Photographic Club</i>	
Runners and Helpers	:	<i>College Scouts</i>		
First-aiders	:	Miss K.Y. Wong	Mr. F. Ngan	<i>The Youth Red Cross</i>
Best Cheering Team Judges	:	Dr. J.R. Kennard	Mr. H.W. Wong	Mr. C.H. Mak
		Mrs. Y.H. Chung	Mr. D.Y. Yuen	
Prefects-in-charge	:	Chan Shu Pui Boris (5E)		Kwan Cheuk Hang Brendan (5F)
Transportation	:	Mr. S.F. Lau	School Janitors	

If two or more persons are named for any event or duty, the first shall be considered the chief official.

ORDER OF EVENTS

- 7:30 a.m. Prefects and officials may enter the swimming pool and carry out seating preparation.
 8:00 a.m. The entrance will be open and the school will be seated according to "House".
 Competitors may warm up in the pool. (Please refer to the layout plan.)
 8:20 a.m. Roll-call will be taken.
 8:45 a.m. Opening Ceremony
 All Officials, Prefects, Scouts, Youth Red Cross and the School Timing Team please report to duty at the Official Stand right after the Opening Ceremony.

EVENT	TIME	GRADE	EVENTS		TYPE
1	9:00	C	50M	BREAST STROKE	Heats
2		B	50M	BREAST STROKE	Heats
3		A	50M	BREAST STROKE	Heats
4	9:20	C	50M	FREE STYLE	Heats
5		B	50M	FREE STYLE	Heats
6		A	50M	FREE STYLE	Heats
7	9:40	C	100M	BREAST STROKE	Final
8		B	100M	BREAST STROKE	Final
9		A	100M	BREAST STROKE	Final
10	10:10	C	100M	BACK STROKE	Final
11		B	100M	BACK STROKE	Final
12		A	100M	BACK STROKE	Final
13	10:25	C	100M	FREE STYLE	Final
14		B	100M	FREE STYLE	Final
15		A	100M	FREE STYLE	Final
16	10:45	OPEN	400M	FREE STYLE	Final
17	10:45	C	25M	BUTTERFLY	Final
18		C	25M	BREAST STROKE	Final
19		C	25M	BACK STROKE	Final
20		C	25M	FREESTYLE	Final
21	11:10	OPEN	200M	BREAST STROKE	Final
22	11:30	F.1-2	4x50M	INTER-CLASS BREAST STROKE RELAY	Final
23		F.3-4	4x50M	INTER-CLASS BREAST STROKE RELAY	Final
24		F.5-6	4x50M	INTER-CLASS BREAST STROKE RELAY	Final
25	12:00	OPEN	4x50M	INTER-HOUSE MEDLEY RELAY	Final
	12:30		SCHOOL DISMISSAL		

All 25-meter events will be held at the training .pool

SCORING SYSTEM

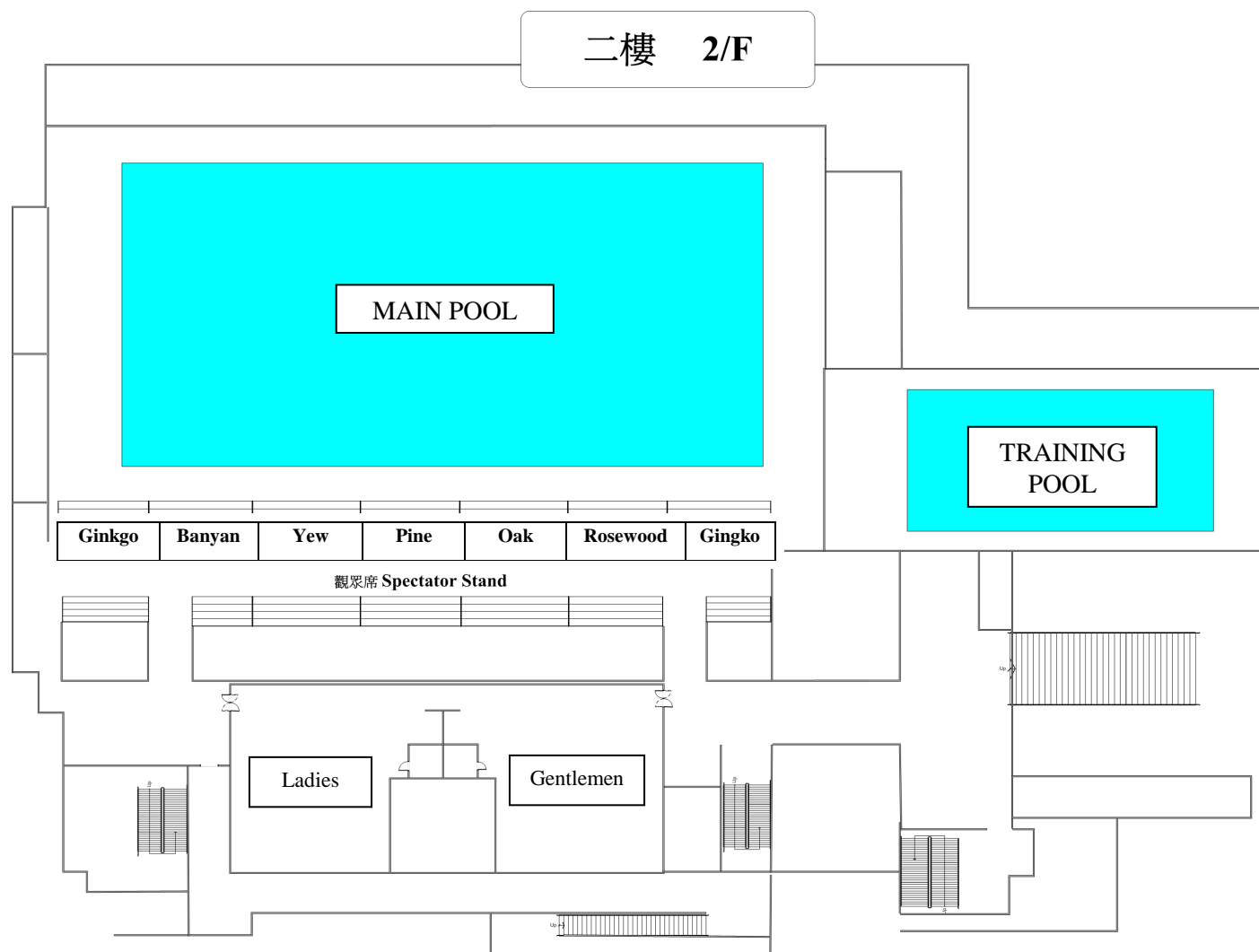
- Standard Time Score** - for reaching standard in heats /straight final events +1 point
New Record Score - for each new record set in heats /final events +1 point
Penalty Score – for competitors who failed to turn up for competition without excuse - 1 point
Position Score – 1st position 9 points; 2nd position 7 points;8th position +1 point

REMEMBER to receive your prizes from the Guest-of-Honour in **FULL SCHOOL UNIFORM / PROPER SPORTS ATTIRE**. As a matter of COURTESY : **Bow - Shake Hand - Say "Thank You!"**

SWIMMING RECORDS AND STANDARDS

EVENT	GRADE	HOLDER	YEAR	RECORD	STANDARD
50M FREE STYLE	A	CHAU TSUN HO	2011	25.71	35.00
50M BREAST STROKE	A	WONG CHEUK YAN	2004	34.10	41.50
50M BACK STROKE	A	KWOK DARRYL CHUN YIN	2011	30.94	50.00
100M FREE STYLE	A	CHAU TSUN HO	2011	58.34	1'35.00
100M BREAST STROKE	A	WONG CHEUK YAN	2004	1'17.05	1'45.00
100M BACK STROKE	A	CHAU TSUN HO	2011	1'08.22	2'20.00
50M FREE STYLE	B	HO KA FAI	1982	26.00	39.00
50M BREAST STROKE	B	KWOK KWAN KUEN	2003	34.25	45.00
50M BACK STROKE	B	CHAU TSUN HO	2009	31.18	60.00
100M FREE STYLE	B	CHAU TSUN HO	2010	57.96	1'45.00
100M BREAST STROKE	B	KWOK KWAN KUEN	2003	1'16.17	1'50.00
100M BACK STROKE	B	CHAU TSUN HO	2009	1'09.14	2'30.00
50M FREE STYLE	C	WONG HO CHUNG	1998	28.49	44.00
50M BREAST STROKE	C	FONG YUEN MING	1998	35.89	50.00
50M BACK STROKE	C	CHAU TSUN HO	2008	32.01	70.00
100M FREE STYLE	C	LAU KING LUN	1991	1'01.60	2'20.00
100M BREAST STROKE	C	FONG YUEN MING	1998	1'17.86	1'55.00
100M BACK STROKE	C	CHAU TSUN HO	2008	1'12.03	2'40.00
50M BUTTERFLY	OPEN	CHAU TSUN HO	2011	27.48	55.00
4X50M IND.MEDLEY	OPEN	CHAU TSUN HO	2011	2'27.23	3'45.00
200M FREE STYLE	OPEN	CHAU TSUN HO	2012	2'08.90	3'35.00
200M BREAST STROKE	OPEN	CHAN KIN HEI	2006	2'45.03	3'50.00

LAYOUT PLAN



THINGS TO NOTE

- **QUALIFYING FOR FINALS:** *The BEST 8 in the heats will qualify for the finals.*
- **PRESENTATION OF MEDALS:** *Medals will be given out right after the final events. WINNERS of the 1st three places in a final race should quickly assemble at the prize-giving stand immediately after the announcement.*
- **SWIMMING RULES:** *The start in Freestyle, Breaststroke and Butterfly races shall be with a dive (Except junior students). On the long whistle from the starter's marshall, the swimmers shall step onto the starting platform and **remain there**. On the starter's command "take your marks", they shall immediately take up a starting position with **at least one foot at the front of the starting platforms**. When all swimmers are **STATIONARY**, the Starter shall give the starting signal (horn or whistle or command).*
- **ANY** swimmer starting before the starting signal has been given shall be disqualified immediately. No warning will be given.
- *Freestyle means that in an event so designated the competitor may swim any style, except that in individual medley relay events, freestyle means any style other than backstroke, breaststroke or butterfly. In freestyle swimming, turning and finishing, the swimmer can touch the wall with **ANY PART OF THE BODY**. A hand touch is not obligatory.*
- *Keeps the stand clean and tidy.*

Student Officials

Starters:	*Wong Siu Chung (6B) King Mak (6A)	Mak Tsz King (6A)	Mak Ho Kan (6B)
Competitors' Marshals:	*Keith So (5B) Yue Ting Jun (5B) Mark Chau (5C)	Law Tai Ki (5B) Steven Lai (4E) Otto Cheung (5C)	Au Cheuk Yin (5B) Tristan Lau (4E) Michael Cheung (5C)
Competitors' Stewards:	*Joshua Chan (6C) Sam Suen (4E)	Ho Chun Ting (4E) Choi Ho Kit (4A)	Wong Yik Ming (4D) Matthew Kwan (4E)
Position Judges:	*Kelvin Kwok (6E) Choi Chun Yin (6E) Chiu Chung Long (6C)	Kwan Yu Shek (6E) Ng Cheuk Him (6E) Chan Kwun Hong (6C)	Julius Chin (3A) Edmund Chow (3A) Tse Chun Lap (6C)
Turning and Relay: Takeover Judges (9)	*Hung Hing To (6E) Wong Jackson Jak Sing (6E) Lee Pak Lap (6E)	Woo Chin Wing (6E) Ho Tsz Him (6E) Ho Chun Hin (5A)	Matthew Li (3E) Daniel Yau (3E) Jason Chiu (3C)
Recorders:	*Arthur Yeung (5D) Tong Ka Chun (5D)	Coleman Keung (5D)	Jason Keung (5D)
Coordinators:	*Terry Lau (5D) Lau Pui Lam (6D)	Bryan Yeung (5D) Nelson Wong (5D)	Kelvin Mong (5D)